



-TRALEE TOASTMASTERS-

Weekly Toastmaster Times

ISSUE 9

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FOOD FOR THOUGHT...

The man who is happy is fulfilling the purpose of existence. (Fyodor Dostoyevsky)

A SPRINKLE OF HUMOUR...

The difference between an optimist and a pessimist. An optimist laughs to forget but a pessimist forgets to laugh. (Tom Bodett)

Whenever I find the key to success, someone always changes the lock. (Anonymous)

Why is the person who invests all your money called a broker? (Anonymous)

VPE QUOTE FOR THE WEEK...

What we achieve inwardly will change outer reality. (Plutarch)

THE POETMASTER...

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place, and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

Excerpt from the poem *In Flanders Fields* by John McCrae

WORD FOR THE WEEK...

Munificence: Benevolence; Generosity; Philanthropy; Largess.



REEL WISDOM ...

I love you. I am who I am because of you. You are every reason, every hope, and every dream I've ever had, and no matter what happens to us in the future, every day we are together is the greatest day of my life. I will always be yours. (From the movie *The Notebook*)

Forgiveness liberates the soul, it removes fear. (From the movie *Invictus*)

Memory is the scribe of the soul. (From the movie *The Book Thief*)

TIPS FOR WRITING AND SPEAKING...

When writing your speech if you are using other sources such as prose or poetry for example, refer to the source in your speech either directly or indirectly.

Michael Mac Egan VPE (Editor)

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