

-TRALEE TOASTMASTERS-

Weekly Toastmaster Times

ISSUE 3

Monday September 15th 2014

FOOD FOR THOUGHT...

Speaking without thinking is shooting without aiming. (W.G. Benham)

A SPRINKLE OF HUMOUR...

In marriage there are three rings – the engagement ring, the wedding ring, and the suffer-ing.

(Anonymous)

I am so busy doing nothing...that the idea of doing anything – which as you know, always leads to something – cuts into the nothing and then forces me to have to drop everything. (Jerry Seinfeld)

When in doubt, tell the truth. (Mark Twain)

VPE QUOTE FOR THE WEEK...

Integrity without knowledge is weak and useless, and knowledge without integrity is dangerous and dreadful. (Samuel Johnson)

THE POETMASTER...

Lives of great men all remind us

We can make our lives sublime,

And, departing, leave behind us,

Footprints on the sands of time;

Excerpt from the poem *Psalm of life* by Henry Wadsworth Longfellow

WORD FOR THE WEEK...

Precocious: Usually advanced or mature in development, especially mental development.



REEL WISDOM...

Happiness is a gift and the trick is not to expect it, but to delight in it when it comes. (From the movie *Nicholas Nickleby*)

All I ask is that you work to the best of your abilities, and with a good heart. (From the movie *Invictus*)

Justice belongs to all men or it belongs to none. (From the movie *Ivanhoe*)

TIPS FOR WRITING AND SPEAKING...

Whatever venue you are giving a speech, try to arrive well ahead of time, this will give you time to acclimatise to your surroundings. It will give you time to practise your speech, and also give you time to relax and be at ease.

Michael Mac Egan VPE (Editor)

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